

Easy Home Made Dog Food



Does that look like your dog raiding the refrigerator? What do you think he's after? My guess is that dogs being fed most commercial dog food, would be looking for the missing links (essential ingredients) their bodies need for health and well-being. I don't think they'd go for the chocolate cake unless they're completely ravenous or there was no other choice.

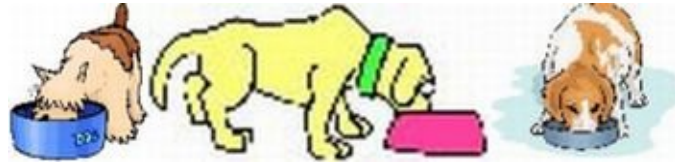
It's About Balance

Dogs require a considerable amount of protein. Meat is an obvious choice because it contains the amino acids dogs need to survive, but they also need a variety of foods to strike a balance and provide other essential nutrients such as fatty acids, carbohydrates, minerals, vitamins and of course water. According to experts and recent studies, dogs ideally need their food to include at least 10% protein under normal conditions, but this can vary according to the age, weight, condition of the dog, activity level, whether they are pregnant or nursing, or if they are still a puppy.

Picky Eaters Are Smarter Than You Think

If your dog is a picky eater, it may not be for the reasons you think. According to some studies, dogs have the uncanny ability to detect whether the food being offered to them has all of the amino acids they require and will turn away from it if it doesn't. Pretty smart, huh? What it tells us as pet owners, is to make sure the protein we select for our dogs is of good quality - just as we would serve ourselves. Note: A word in your ear - most commercial dog foods do not supply high quality protein!

When you feed your dog wholesome, nutritious foods you are greatly tipping the odds in his favor for a long, healthy and enjoyable life. The right diet will insure that your dog has the proper balance of foods to maintain his vitality and enable him to ward off potential disease. And it is quite simple to do this by using the recipes and choosing from a variety of proteins, veggies, fruit and fiber. If you do this, he'll have the important nutrients he needs for energy and to regulate bodily functions.



The Simple & Easy Solution

Here is an amazingly easy way to insure your dog's nutritional needs are met no matter how busy you are:

It starts with a Dog Food Mix of simple, uncooked, all-natural ingredients. That means no preservatives, no artificial colors or flavors – only wholesome, human-quality ingredients like steamed-rolled oats, ground pecans, carob powder and added calcium for strong teeth. NO corn, wheat, fillers or additives. (And NEVER a worry of any scary stuff we've all read about recently).

Combine this all natural mix with raw or lightly-cooked meat, and water. Then let the mixture soak in the fridge for a minimum of fifteen minutes (or better still prepare it in the evening and let it sit overnight) and serve. You can actually mix up a batch to last for several days or even freeze several serving size portions, making it incredibly easy for those hectic days we all have and no need for apologies to your dog!

Keep It Interesting & Varied

Adding veggies and other healthy foods, in addition to different meats, is highly encouraged. Try mixing in a teaspoon of chopped greens, carrots, or other natural foods such as cooked rice, yogurt, or eggs. For your larger doggie you can gradually add up to one-half cup. But do avoid citrus fruits, onions, and spicy foods which can be upsetting to some dogs.



Buy Online – No Shipping

Here are the products that will get you started with easy home made and delicious food for your dog. Just click the links for more information.



[Sojos European-Style Dog Food Mix](#)

Ingredients: Rolled Oats, Rye Flakes, Barley Flakes, Ground Pecans, Natural Calcium Carbonate, Kelp Powder, Carob Powder, Parsley, Nettles Leaf

For Sensitive Pets

If you have sensitive dogs, you can select the following mix that is grain free but still full of deliciously nutritious ingredients like sweet potatoes, whole eggs, broccoli and carrots (and never an additive in sight).



[Sojos Europa Grain-Free Dog Food Mix](#)

Ingredients: Sweet Potatoes, Carrots, Broccoli, Celery, Apples, Whole Egg, Flax Meal, Parsley Leaf, Calcium Carbonate, Carob Powder, Kelp Powder, Alfalfa, Ginger Root, Garlic



For your convenience, here is a chart to give you serving size guidelines. Don't forget to make this transition gradually, replacing small quantities of your dog's accustomed food with the new healthy stuff over a period of weeks - until you've phased out the current food. This could take anywhere from 2-6 weeks depending on your dog's age, health and preferences.

		up to 12 lb.	13-25 lb.	26-50 lb.	51-75 lb.	76-100 lb.
ADULT	Sojos	1/4 cup	1/2 cup	1 cup	1 1/2 cup	2 cup
	meat	1/8 cup	1/4 cup	1/2 cup	3/4 cup	1 cup
	water	3/8 cup	3/4 cup	1 1/2 cup	2 1/4 cup	3 cup
PUPPY	Sojos	6 Tbsp	3/4 cup	1 1/4 cup	1 3/4 cup	2 1/4 cup
	meat	4 Tbsp	1/2 cup	3/4 cup	1 cup	1 1/3 cup
	water	9 Tbsp	1 1/8 cup	1 3/4 cup	2 1/2 cup	3 1/4 cup
SENIOR	Sojos	1/4 cup	1/2 cup	3/4 cup	1 1/3 cup	1 1/2 cup
	meat	1 Tbsp	1/8 cup	3 Tbsp	1/3 cup	3/8 cup
	water	3/8 cup	3/4 cup	1 cup	2 cup	2 1/4 cup

For animals with special dietary needs, consult your trusted veterinarian. To find a holistic vet in your area, call the American Holistic Veterinary Medical Association at (410) 569-0795.